



Hiking for All

Goal

Nature is for everyone! ARI, a local mountaineering group, and Arvestaran, a center for children with special needs have designed an inclusive hiking program specifically tailored for children on the autism spectrum (ASD). We're excited to partner with them to launch hiking activities for children with autism aged 7 to 11. Let's explore!

Project background & description

Armenia is just full of stunning nature, and we want everyone to experience it! ARI + Arvestaran's inclusive hiking program is designed to create an environment where neurodiverse children can fully participate in and enjoy outdoor activities. The second aim of the program is to harness expertise from two fields: outdoor exploration and special education.

By organizing training for professionals, the program’s goal is to foster an environment that integrates best practices and knowledge from both fields. Through this collaboration, we can address the following challenges and needs that children with ASD face in Armenia, such as the community’s limited awareness and understanding, a lack of physical wellbeing and social interaction and the unavailability of alternative inclusive activities.

Activities in nature generally help to reduce problematic behavior, minimize stress from unknown environments, improve self-consciousness, and overcome social anxiety. Children also see benefits in the areas of sensory stimulation, physical activity, cognitive development, social interaction, emotional wellbeing, self-esteem and integration.

Budget

Item	Unit	No. of Units	Price/Unit	No. of Days	Total in AMD
Salary					
Trainer	Per person	3	69,000	3	207,000
Hiking Guide	Per person	2	22,000	7	308,000
Tutor	Per person	6	18,000	7	756,000
Coordinator	Per person	2	120,000	4	960,000
Accountant	Per person	1	10,000	4	40,000
Transportation	Per route	1	63,000	7	441,000
Other costs			60,000	1	60,000

Total

Exchange rate: 1 USD = 386.26 AMD

₴2,772,000